

# Venlafaxine

## Quick Reference Guide for Teachers

Venlafaxine is used to treat depression, anxiety, panic attacks, and social anxiety disorder.

Venlafaxine improves mood, energy levels, and restores interest in daily living. It can also decrease fear, anxiety, unwanted thoughts, and the number of panic attacks.

- |                              |                          |  |
|------------------------------|--------------------------|--|
| <b>Possible Side Effects</b> | • Nausea                 | • Muscle cramps/weakness               |
|                              | • Drowsiness             | • Shaking (tremor)                     |
|                              | • Dizziness              | • Black/bloody stools                  |
|                              | • Dry mouth              | • Persistent cough                     |
|                              | • Constipation           | • Seizures                             |
|                              | • Loss of appetite       | • Severe/pounding headaches            |
|                              | • Blurred vision         | • Shortness of breath                  |
|                              | • Nervousness            | • Vomit that looks like coffee grounds |
|                              | • Unusual sweating       |  |
|                              | • Easy bruising/bleeding |  |

- |  |   |                                   |
|--|---|-----------------------------------|
| <b>When To Get Help</b>                    | <b>Seek immediate medical help if you see:</b>                    |                                   |
|  | Symptoms of a serious condition called called Serotonin Syndrome: |                                   |
|  | • Hallucinations  | • Unexplained fever               |
|  | • Unusual restlessness  | • Severe nausea/vomiting/diarrhea |
|  | • Loss of coordination  | • Twitching muscles               |
| • Fast heartbeat                           |   |                                   |
| • Severe dizziness                         |   |                                   |
| Symptoms of a serious allergic reaction:   |   |                                   |
| • Rash                                     | • Severe dizziness  |                                   |
| • Itching/swelling (of face/tongue/throat) | • Trouble breathing   |                                   |

# Venlafaxine

## Quick Reference Guide for Teachers

Venlafaxine is used to treat depression, anxiety, panic attacks, and social anxiety disorder.

Venlafaxine improves mood, energy levels, and restores interest in daily living. It can also decrease fear, anxiety, unwanted thoughts, and the number of panic attacks.

- |                              |                          |  |
|------------------------------|--------------------------|--|
| <b>Possible Side Effects</b> | • Nausea                 | • Muscle cramps/weakness               |
|                              | • Drowsiness             | • Shaking (tremor)                     |
|                              | • Dizziness              | • Black/bloody stools                  |
|                              | • Dry mouth              | • Persistent cough                     |
|                              | • Constipation           | • Seizures                             |
|                              | • Loss of appetite       | • Severe/pounding headaches            |
|                              | • Blurred vision         | • Shortness of breath                  |
|                              | • Nervousness            | • Vomit that looks like coffee grounds |
|                              | • Unusual sweating       |  |
|                              | • Easy bruising/bleeding |  |

- |  |   |                                   |
|--|---|-----------------------------------|
| <b>When To Get Help</b>                    | <b>Seek immediate medical help if you see:</b>                    |                                   |
|  | Symptoms of a serious condition called called Serotonin Syndrome: |                                   |
|  | • Hallucinations  | • Unexplained fever               |
|  | • Unusual restlessness  | • Severe nausea/vomiting/diarrhea |
|  | • Loss of coordination  | • Twitching muscles               |
| • Fast heartbeat                           |   |                                   |
| • Severe dizziness                         |   |                                   |
| Symptoms of a serious allergic reaction:   |   |                                   |
| • Rash                                     | • Severe dizziness  |                                   |
| • Itching/swelling (of face/tongue/throat) | • Trouble breathing   |                                   |

This reference guide was supported from the Canadian Institutes of Health Research (FRN: KAL-104248). Visit <http://katydid.info> for more information.



This reference guide was supported from the Canadian Institutes of Health Research (FRN: KAL-104248). Visit <http://katydid.info> for more information.

