



St. Amant
Foundation • Fondation

   
@StAmantMB
STAMANT.CA

Your Support Helps Marda **LIVE OUT LOUD.**

If you want to keep up with Marda Bone, then you'd better move fast, because she's really going places!

Marda's counting the days until her custom-made three-wheeler bike gets delivered. She's got a pink helmet and basket to go with it, and thanks to donors like you, she'll soon be coasting through her St.Vital neighbourhood and around the track at a nearby school.

"I can pedal it with my feet. I am so happy. It's good!" Marda says.

Recently, Marda was appointed as the Co-Chair of this year's Free The Spirit Festival, to be held in September.

She'll attend planning meetings and spend time with other volunteers and staff to organize the huge event.

"She wants to be very independent. She's the liveliest, bubbliest person and she's really looking forward to this. She loves to go out... a real social butterfly,"

said Michelle Perrault, Key Worker at Marda's community home.

Michelle says Marda's so energetic that she's registered for six different events in the spring Leisure Guide, all of which are funded entirely through your donations.

You could honestly say that Marda's larger than life.

Her joyful face is literally all over town on Winnipeg Transit buses because Marda was chosen to be a model for this year's bus campaign for St. Amant!

In 2018/2019,
You Helped
Raise Nearly
\$2 MILLION
to:



OFFER OVER
47

LEISURE GUIDE
ACTIVITIES
AT NO COST



PROVIDE
500+

TICKETS TO
RECREATIONAL
EVENTS



PURCHASE
16

PIECES OF
MOBILITY
EQUIPMENT



PROVIDE
20

PIECES OF
COMMUNICATION
TECHNOLOGY

YOU'RE MAKING LIFE LESS LONELY.

Twice a month on Friday nights, up to 100 people hear the music of live local bands and move to the rhythm of FM Café at 440 River Road.

When Phil Veness retired from his job, he immediately signed up to volunteer at FM café as the event's regular emcee.

Phil's daughters Ainsley, 43 and Amber, 37, both have autism and live in St. Amant community homes. They regularly attend FM Café with their staff. One night at the event, something happened that's never happened before, or since.

Recalling it brings tears to Phil's eyes.

"As parents, we shower our kids with love and affection and it can be painful when they can't show affection in return. Amber actually

sought me out this time. She took my hands in hers and looked right at me and smiled. What an experience!"

Enjoying a social night of quality entertainment isn't as easy as it should be for many people with disabilities to experience, he said.

"People just need to come and see it. The entertainment comes to them, and everyone looks great. The entertainers are moved by being there and connecting with everyone."

FM Café features an eclectic array of rock, folk, country, pop bands and sometimes deejays and dancers.

It's fully-funded by St. Amant Foundation and it wouldn't be possible without your support.



Communication Is Possible Thanks To You.

How frustrating would it be if every day you tried to ask people for apple juice, but they kept giving you orange juice over and over again?

For Sylo Nurse-Cooke, age 5, being non-verbal has meant a lot of tears, sometimes hiding, and sometimes, stomping his feet in frustration because he couldn't tell people what he wanted and needed.



"He's very bright but he just didn't have a way to ask for things. We started using an iPad and the ProLoQuo2go app to simulate communication and it's made a big difference for him," said St. Amant Autism Consultant Allyson Locke.

"He can ask for a break from activities and tell us what food or drink items he wants," she said.

Since the age of three, Sylo has attended the St. Amant Early Learning Program at Minnetonka School. But come September, he'll be a kindergartener in a standard classroom at Samuel Burland

School. He's ready for it. Sylo can identify animals and numbers and is learning the alphabet on an iPad.

With your support, the foundation can provide this kind of life changing technology to people who need it.

Sylo's dad Marvin Nurse is grateful.

"With autism, you're always looking for something for them to grab onto. We want to say thank you for being there. As they say, he has found his voice."



THANKS A MILLION!

This year we celebrate and thank all supporters with the St. Boniface-St. Vital Kiwanis club for donating more than a MILLION dollars to St. Amant!

For the past 50 years, the Kiwanis have dramatically changed the lives of children and adults with developmental disabilities.

Kiwanis funds have been invested in vital ways:

- Provided overhead lifts for bedrooms and common areas at 440 River Road
- Installed lifts for more than 80 St. Amant community homes
- Contributed to the four-season Spirit Cottage, a beautiful and accessible place for family gatherings, leisure and recreation, and even vacations!
- Funded FM Café and Leisure Guide activities to provide recreation, community involvement, and special nights out with music, fun and friendship

- Renovations to two living areas at 440 River Road
- Purchased specialized bikes
- Critical research at the St. Amant Research Centre

Aurèle Foidart has been with Kiwanis for as long as the group has been fundraising for the Foundation. Originally, one of the club's members had a family member who was supported by St. Amant.

"We have toured through St. Amant and we do see what a great support it is. The more we do, the more we see that it's worth it," Aurèle said.

A million thanks are not enough for our wonderful Kiwanis friends, whose enduring commitment makes it possible to accomplish the St. Amant mission of freeing the spirit and fulfilling potential, together.

We're looking forward to celebrating this milestone at the St. Boniface–St. Vital Charity Golf Tournament.

UPCOMING EVENTS

**JUN
6**

St. Timothy Knights of Columbus Golf Tournament

**JUN
8**

Autism Awareness Motorcycle Ride
Poker Derby

**JUN
13**

St. Boniface – St. Vital Kiwanis Charity Golf Classic

**SEP
28**

Free the Spirit Festival

**NOV
13**

St. Amant Party: Camp for 100

**DEC
1–24**

Gift Wrap & Coat Check at St. Vital Centre

Find out more at
**STAMANT.CA/
FOUNDATION**

YOUR HELP TURNS PAIN INTO SMILES.



You made all of this possible for Carmen. Thank you!

Food is one of the best parts of life for Carmen Middlestead, who turns 50 this year.

Carmen has autism and grinds her teeth, especially at night. Years of grinding left her with short nubs—and a lot of pain when eating. Even mouth guards didn't help because Carmen would grind right through them.

"Teeth are a necessity and she needs to eat. Raw vegetables were too hard. She could only chew on one side and had to take her meat out of her mouth," said team leader Cheryl Antonick.

A few years ago, Carmen's dentist said she needed extensive dental work, including temporary gold crowns, a root canal, and finally, permanent porcelain crowns to rebuild her top and bottom molars.

The cost was too much for Carmen's family, your donation paid the—\$4,200 in dental work bills.

This spring, the two-year-long process to rebuild Carmen's teeth will finally be complete.

"How can you ever give a heartfelt thank you that's adequate," said Carmen's mom Sharon Middlestead.

"It's enhanced her life so much. So many people's lives would be so different if it weren't for St.Amant and the Foundation," Sharon said.

Carmen is all smiles when she shows off her crowns at FM Café, where she loves dancing to the live music, being around people and eating what she wants.

YES! I'd like to help make life better for people with developmental disabilities and autism at St.Amant.

Mail the coupon below or complete the donation form online at stamant.ca/give.

NAME _____

ADDRESS _____

CITY _____ PROVINCE _____ POSTAL CODE _____

EMAIL _____

PHONE _____

- Please remove my name from your mailing list.
- I wish to remain anonymous.
- J'aimerais recevoir ce bulletin en Français.
- Please send information about naming St.Amant in my will.

METHOD OF PAYMENT

\$ _____

Cheque or Money Order (Payable to St.Amant Foundation)



CARD NUMBER _____ EXPIRY DATE _____

SIGNATURE _____

Thank you for your generous gift. Donations of \$15 or more will be receipted unless requested.

St.Amant Foundation respects your privacy. We do not rent, sell, or trade our donor information. Charitable Registration #12352 6915 RR0001

STAMANT.CA/FOUNDATION

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