



Greetings everyone.

To continue the 4Directions group, we continue to share a weekly plan of resources to use on each unit.

You are all welcome to use it any day of the week as you see fit to ensure that all members of the group continue to feel the presence of their spiritual and cultural practices. Of course, in the spirit of reconciliation and community, neighbors and friends of the group members are also welcome to join to learn about Indigenous culture and life.

To preserve the intention of the 4Directions as a sharing circle, you can set up the people you support in small groups in the living room (maintaining the 6 feet/2 meter between people). Using the laptop, ipad or Smart TV along with reading the notes that follow, people can also be supported to explore the weekly program.

People can also work individually in their own room using their own devices if they choose that. When you begin, all you need to do is support people to read through the guide and pause to play the video links that are noted. Thank you.

Thank you for finding the courage to continue to share your gifts of caring and support with one another and your creativity to create meaningful experiences with people who you support.

Please touch base if you have any questions.

*Kind regards,
Andrew & Sheryll Ann*

*Andrew Terhoch
Spiritual Health Practitioner
aterhoch@stamant.ca*

*Sheryll Ann Manela
Recreation Instructor
smanela@stamant.ca*

This document is available in alternative formats.
For assistance please contact (204) 256-4301.



June 4, 2020 – Code Talkers

Opening: *Gather the group and acknowledge each person's presence; (example) "Welcome everyone, and thank you for choosing to share your presence with us in this circle."*

We will start the program with this [introductory song for our Code Talker topic.](#)

In today's gathering, we will gain an understanding of the sacrifices and unique achievements made by Indigenous veterans through their participation in Canada's military during times of conflict.

As a group, we will read the brief three-page synthesis created by Veterans Canada on the historical military service of the First Nations, Métis, and Inuit men and women who served in the Armed Forces for Canada ([Canada Remembers: Indigenous Veterans.](#))

In contrast, compare this perspective to that of the untold story of a Canadian code talker from World War II named Charles Tomkins in the documentary titled [Cree Code Talker.](#)

Activity: *Provide the people we support with information using [Cree Code Talkers by Peter Scott.](#)*

Code talkers were able to communicate secret or coded messages; they transmitted these messages over military telephone or radio using codes built upon the Cree language. They have not been honored for many years as their mission wasn't declassified until 1968.

Discuss with the other staff and the people you support your understanding of the untold and unrecognized contributions many First Nations, Métis, and Inuit soldiers made during their time in Canada's military and some of the challenges they endured during and after their time of enlistment.

How can we properly recognize and pay tribute to the code talkers contribution?

Thank each and everyone for their time and let us end the gathering with this [Ancestor Song.](#)

Meegwich

This document is available in alternative formats.

For assistance please contact (204) 256-4301.